

Advent Devotional - Day 07

December 7th



Scripture: Luke 1:46-49 Verse: *“And Mary said: ‘My soul glorifies the Lord and my spirit rejoices in God my Savior, for he has been mindful of the humble state of his servant. From now on all generations will call me blessed, for the Mighty One has done great things for me—holy is his name.’”*

Reflection:

Mary’s song of praise, known as the Magnificat, is a beautiful expression of her gratitude and joy. Despite the extraordinary and challenging circumstances she faced, Mary chose to focus on God’s goodness and faithfulness. Her humility and recognition of God’s mighty works set a powerful example for us today.

In modern times, we often find ourselves overwhelmed by life’s demands and uncertainties. It can be easy to focus on our struggles and overlook the blessings in our lives. Mary’s song reminds us to shift our perspective and recognize the great things God has done for us. Her gratitude, even in the midst of potential fear and uncertainty, encourages us to cultivate a heart of thankfulness.

Consider the ways God has been mindful of you. Reflect on the blessings, both big and small, that you have received. Like Mary, let your soul glorify the Lord and your spirit rejoice in God your Savior. Gratitude has the power to transform our outlook and bring us closer to God.

As you go through your day, take a moment to pause and thank God for His faithfulness. Whether it’s through a prayer, a song, or a simple acknowledgment, let your gratitude be a testament to His goodness. Just as Mary’s song has echoed through generations, your expressions of thankfulness can inspire others and bring glory to God.

Prayer: Heavenly Father, thank You for the example of Mary’s gratitude and praise. Help us to recognize Your mighty works in our lives and to respond with hearts full of thankfulness. May our souls glorify You and our spirits rejoice in Your salvation. Amen.



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